



# ALEAPA

ALABAMA  
EMPLOYEE ASSISTANCE  
PROFESSIONALS ASSOCIATION

*Join Us at the Beach!*

## ANNUAL CONFERENCE

May 7-10, 2024

The annual conference of the Alabama Employee Assistance Professionals Association is set to unfold at the picturesque Orange Beach Phoenix West Condominiums from May 7 to 10, 2024. This event provides an invaluable opportunity for counselors and social workers to engage in comprehensive professional development, earning up to 20 continuing education hours. Attendees will also have the chance to establish connections with recovery centers and treatment providers from across the nation.

This conference promises a blend of insightful sessions that cater to the evolving landscape of employee assistance and mental health, making it a must-attend for professionals in the field.



<https://eapa-al.com/conference/>  
**In Person & Virtual Options Available**

**EARN UP TO 20 HOURS of CONTINUING EDUCATION HOURS**

## 2024 Sessions & Presenters

**Slaps, Slay, and Tea: Decoding Emerging Generations in the Workplace** Christina Isenhower, LISW-CP, CEAP

**Everything You Didn't Know You Wanted To Know About Transcranial Magnetic Stimulation (TMS)** John Roop

**\*Appropriate, Ethical Practices of Treatment Placement** Charli Derouen, LAC, CSC

**Understanding the Relationship Between Eating Disorders and Substance Abuse** Danielle Hagood, Psychologist, NCC, CAS

**Vaping 101** Dalanna Burris LPC, LCDC, MAC

**Vicarious Trauma, Moral Injury and Post-Traumatic Growth:**

**Understanding the Cultural Similarities between Clinicians and First Responders** Libby Timmons, M.Ed., LISAC, CEAP, SAP

**Unveiling the Selfie: Exposing Its Impact on Mental Health & Society** Gena D. Richardson, LPC

**Transforming Trauma: Effective Approaches for Healing in a Short-Term EAP Model** Corinne Draper, LMFT and Ingrid Brown, LCSW

**Building Your Client's Toolkit: Strategies and Tools to Help Clients Heal** Kathleen Remington, LPC, CEAP and Corinne Draper, LMFT

**Current Substance Use Disorder and Treatment Trends** Zach Ludwig, LPC-S

\*2-Hours Ethics Credit

# \$200 Members/ \$300 Non-Members



Alabama EAPA has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5601. Programs that do not qualify for NBCC credit are clearly identified. Alabama EAPA is solely responsible for all aspects of the programs.



Approved Provider #0601

# AGENDA

TUESDAY MAY 7, 2024

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1:00 PM - 3:00 PM

**Understanding the Relationship Between Eating Disorders and Substance Abuse**

Danielle Hagood, Psychologist, NCC, CAS

3:15 PM- 5:15 PM

**Vaping 101**

Dalanna Burris LPC, LCDC, MAC

THURSDAY MAY 9, 2024

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8:00 AM - 10:00 AM

**Building Your Client's Toolkit: Strategies and Tools to Help Clients Heal**

Kathleen Remington, LPC, CEAP and  
Corinne Draper, LMFT

10:15 AM- 12:15 PM

**Vicarious Trauma, Moral Injury and Post-Traumatic Growth: Understanding the Cultural Similarities between Clinicians and First Responders**

Libby Timmons, M.Ed., LISAC, CEAP, SAP

12:15 PM Networking Lunch & Door Prizes

1:00 PM- 3:00 PM

**Appropriate, Ethical Practices of Treatment Placement**

Charli Derouen, LAC

WEDNESDAY MAY 8, 2024

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8:00 AM - 10:00 AM

**Everything You Didn't Know You Wanted To Know About Transcranial Magnetic Stimulation**  
John Roop

10:15 AM- 12:15 PM

**Transforming Trauma: Effective Approaches for Healing in a Short-Term EAP Model**  
Corinne Draper, LMFT and Ingrid Brown, LCSW

12:15PM Networking Lunch Sponsored By:  
Mt. Sinai Wellness

1:00 PM- 3:00 PM

**Slaps, Slay, and Tea: Decoding Emerging Generations in the Workplace**  
Christina Isenhower, LISW-CP, CEAP

FRIDAY MAY 10, 2024

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8:00 AM - 10:00 AM

**Current Substance Use Disorder Trends and Treatment Trends**  
Zach Ludwig, LPC-S, NCC

10:15 AM- 12:15 PM

**Vaping 101**  
Dalanna Burris LPC, LCDC, MAC

# 2024 SUSTAINING MEMBER SPONSORS



LONGLEAF  
RECOVERY & WELLNESS



# 2024 EXHIBITORS & SPONSORS



**BRETT ROBINSON DISCOUNT:** Please have attendees reference your assigned **Group ID # 1341** and receive a group discount of 15% off rental rates (with a stay of 3 or more night's) upon contacting our "Call Center" at 1-888-633-7101, available from 7 am until 10:00 pm every day. By referencing your EAP 2024-**Group ID# 1341** our reservation agents will be able to book attendees at any of our condominium properties for a stay of 3 or more nights and will receive a 15% group discount off rental rates. Online reservations are not available for group discounts, so please call.

